

**MSC Core Committee Meeting**  
**March 14, 2018, 10:00 - 12:00**  
**L-Plaza 1F**

Members present: Michiyo Yoshida, Yoko Otake, Stuart Walker, Ken Hartmann, and Kathleen Riggins

First, Yoko submitted the annual treasurer's report. Our new fiscal year starts April 1. As of March 13, 2018, we have ¥14,423 on hand. It was noted that donations were only ¥7,000 for 2017, which was much less than for 2016. At the April 21 meeting, one English speaker and one Japanese speaker, maybe Stuart and Masako, will make a special announcement asking for donations. Kathleen will prepare a donation box with a clear sign for the registration table.

Next we talked about the coming year. Ken suggested a workshop on understanding the requirements for purchasing/building a home. He got a good response from his HI announcement and knows a bilingual realtor who would be an excellent facilitator. His recommendation was to hold this in June. He will check into possible venues.

Kathleen suggested having a book talk about twice a year, perhaps in a coffee shop. Yoko knows a coffee shop near Maruyama Class, called Bira. The second floor has a room that seats 10 to 12 people. Everyone orders their own drinks, and there is no extra charge for the room. We could meet once a month, for informal meetings and just to chat.

Deborah, a nurse, is interested in helping expats who need consultation and support with health problems. We could also talk about what can be done about the icy sidewalks in winter. Perhaps young foreign students could be organized to shovel snow. Yoko knows some Hokudai graduate students interested in helping seniors.

Stuart suggested having some kind of meeting about the opera Aida, which will be performed in the new community center that will open October 2018 in downtown Sapporo.

Ken read through our carryover project topics.

**International assisted living facility:** This fits in with the house-building presentation in that the realtor might have some ideas on the subject.

**Gerontology - Medical Treatment of Older People:** We need a good bilingual speaker and contributions from the audience.

**Last Phase Planning:** This includes hospice or palliative care. Hospice facilities are increasing in Sapporo. Stuart knows a Master's course student of palliative care, who is doing her thesis on the subject along with several other students at Hokusei University. Stuart says perhaps they and one of their professors might be interested in making a presentation from late September to mid-November at Hokusei on this

topic. He's working on it. Kathleen suggested Kathy Morikawa as another potential presenter with regard to the things that one must take care of before time runs out.

We concluded with this tentative plan for 2018-2019 year:

1. April 21 meeting with Dr. Yano is already in place. Will offer an honorarium.
2. May 19 - Book Talk and Swap: Kathleen and Yoko will arrange this. Will be held in Bira, 2F and will be announced at the April meeting. Depending on the response, we might continue to have informal monthly meetings at Bira and we will consider not having the picnic in Nakajima Park.
3. June - House Building Presentation: Ken will arrange this. Maybe it will be held in Clark Hall. Might offer an honorarium depending on the format chosen.
4. September-November - Palliative Care: Stuart will coordinate this. If only students are presenting, an honorarium is not appropriate. If a professor presents we will offer an honorarium.
5. March 2019 - Last Phase Planning: Kathleen will contact Kathy Morikawa to arrange a presentation. Maybe it could be held at the Communications Plaza, 10F, if the SICP feels content qualifies. Will offer an honorarium.

The basic expenses will be ¥50,000. Michiyo will apply for a ¥100,000 grant.

Submitted by Kathleen